

Worksheet on EXCITED Feeling



7# Draw your picture when you felt EXCITED -

6 # Circle the number of each scenario that would make you feel EXCITED:

1. You are going to get a very cute puppy.
2. Your parent permitted you to go and see your favourite movie that you wanted to see for a long time.
3. Your parents are taking you to the dentist.
4. You get permitted to play your video game with your friend all day long.

5 # Write about the last time- when you were EXCITED :

1.
2.
3.

#1 Try to Tick mark-
EXCITED feeling is...?
1.Positive Feeling 2.Negative Feeling 3.Nutral Feeling

#2 Try to Tick mark-
When you feel EXCITED...?
1. All the Time 2.Frequently 3. Never 4.Hardly Ever 5. Sometimes

#3 Write Three things –That make you EXCITED:

1.
2.
3.

#4 Write Three things- You do when You are EXCITED:

1.
2.
3.

Your name-
Date -