

Worksheet on JEALOUS Feeling



7# Draw a picture of a JEALOUS person or a Face of a JEALOUS person-

6 # Write Three things You Can do to avoid or remove JEALOUS feelings :

1.
2.
3.

5# Circle the number of each scenario that would make you JEALOUS:

1. If you could not do well in the class and but your best friend did very well in the exam. Say he or she stood first in that exam .
2. If one of your classmates just got a new gadget and you like to have that for a long time.
3. If your best friend got two tickets to a live concert show and want to brought another friend instead of you.

#1 Try to Tick mark-
JEALOUS feeling is...?
1.Positive Feeling 2.Negative Feeling 3.Nutral Feeling

#2 Try to Tick mark-
When you feel JEALOUS...?
1. All the Time 2.Frequently 3. Never 4.Hardly Ever 5. Sometimes

#3 Write Three things –That make you JEALOUS:

1.
2.
3.

#4 Write Three things- You do when You are JEALOUS :

1.
2.
3.

Your name-
Date -