

Worksheet on HAPPY feeling # 2.3



Draw your picture - when you are HAPPY -

6# Write about the last time- when your were really HAPPY :

.....

.....

.....

5 # Write Three things You Can do to make others HAPPY :

1.

2.

3.

#1 Try to Tick mark-
What you Think- your HAPPY feeling is a...?
 Positive Feeling Negative Feeling Neutral Feeling

#2 Try to Tick mark-
You feel HAPPY...?
 All the Time Frequently Never Hardly Ever Sometimes

#3 Write Three things –That make you HAPPY:

1.

2.

3.

#4 Write Three things- You do when You are HAPPY :

1.

2.

3.

Your name-
Date -