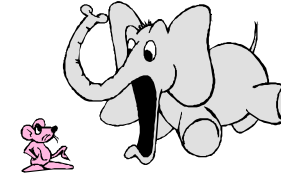


Kid's Worksheet on FEAR #2.4



Draw a picture of a AFRAID person or person's face-

6 # Write Three things You Can do to overcome your AFRAID feeling

1.
2.
3.

5# Write about the last time- when your were AFRAID :

.....
.....
.....

For more help- see the article form <http://www.self-esteem-tips.com/self-esteem-for-kids/free-printable-kid-worksheets/>

#1 Try to Tick mark-
What you Think- FEAR is...?
 Positive Feeling Negative Feeling Neutral Feeling

#2 Try to Tick mark-
you feel AFRAID.....
 All the Time Frequently Never Hardly Ever Sometimes

#3 Write Three things –That make you AFRAID:

1.
2.
3.

#4 Write Three things- You do when You are AFRAID :

1.
2.
3.

Your name-
Date -